



**Vascular catheter insertion site care**  
 ..... protecting the gateway to CRBSI!




Marcia Ryder PhD MS RN  
 ryder1234@aol.com

RYDER SCIENCE  
 .....medical biofilm research

**Father of Intravenous Infusion Therapy**



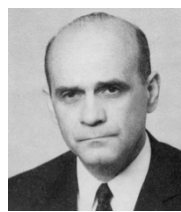
Thomas Latta  
 1796-1833



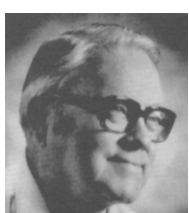
1832 First IV procedure during the Cholera epidemic in London

Rivera AM. Acta Anaesth Belg. 2005;56:271-82

**Central Venous Catheterization**

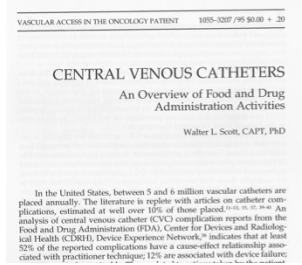


Robert Aubaniac 1952



Sven-Ivar Seldinger 1953

**FDA Central Venous Catheter Working Group**



Catheter complication rate: 10%  
 Associated with practitioner technique: 52%  
 Associated with device failure: 12%  
 Undeterminable: 30%


Scott W. Surg Onc Clinics N Am. 1995;4:390-4

November 1999

INSTITUTE OF MEDICINE  
 Shaping the Future for Health

**TO ERR IS HUMAN:  
 BUILDING A SAFER HEALTH SYSTEM**

Health care in the United States is not as safe as it should be—and can be. At least 44,000 people, and perhaps as many as 98,000 people, die in hospitals each year as a result of medical errors that could have been prevented, according to estimates from two major studies. Even using the lower estimate, preventable medical errors in hospitals exceed attributable deaths to such feared threats as motor-vehicle wrecks, breast cancer, and AIDS.



	1999	Institute of Medicine "To Err is Human"	
"serious adverse events"	2002	National Quality Forum Patient Safety Indicators	
Pneumothorax	2005	Patient Safety Act	AHRQ PSOs
Arterial puncture	2005	Deficit Reduction Act	Improve quality Collect data
Selected infections			"Common Formats"
Mechanical adverse events	2008	National Quality Forum National Priority Partnership	
		↓ hospital mortality	
		↓ serious adverse events	
National Healthcare Quality Report	2009	HHS National Action Plan to Prevent HAI: Roadmap to Elimination 5 yr action plan ↓ HAI 40% 2009-2013	2005-6 AHRQ Michigan Keystone Project
	2010	Affordable Care Act	2008-12 CUSP
	2014-15	HAC Reduction Program Reduce payment when lack of quality	

### The Changing Healthcare Landscape Affordable Care Act

**The changing healthcare landscape**

Regulatory requirements	Reimbursement penalties / rewards
	Value based purchasing Reward / penalty
	Hospital readmissions Penalty
	Healthcare acquired conditions reduction program Non-payment / penalty

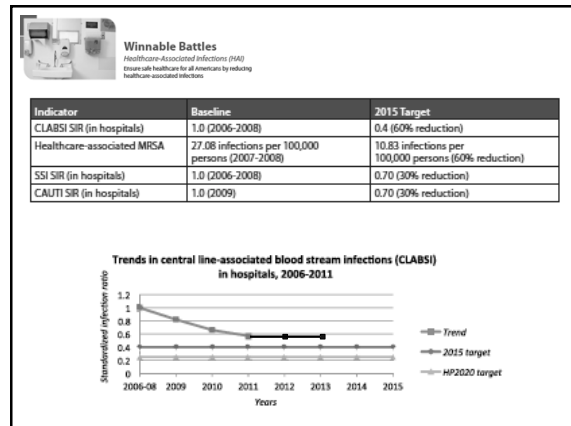
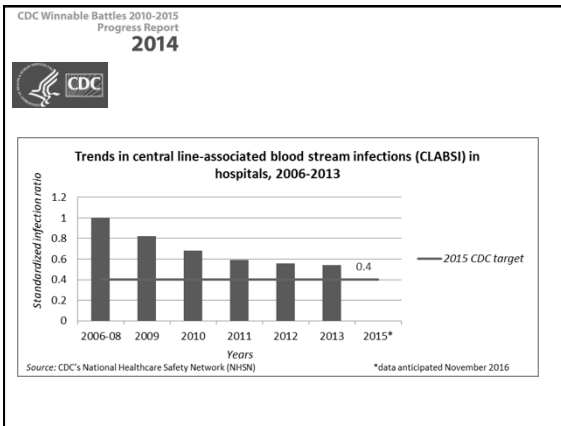
### Hospital Acquired Condition Reduction Program...

*how are we doing?*

**HAC Reduction Program Framework  
Finalized for FY 2015**

Patient Safety Indicator Measure <sup>1</sup> (Combined into PSI-90 Composite Ratio)	Measure Weight in PSI-90 Composite
PSI 15 - Accidental Puncture or Laceration	42.89%
PSI 12 - Postop PE Or DVT	22.09%
PSI 3 - Decubitus Ulcer	13.57%
PSI 7 - Selected Infection Due to Medical Care	8.31%
PSI 6 - Iatrogenic Pneumothorax	6.14%
PSI 13 - Postop Sepsis	5.36%
PSI 14 - Postop Wound Dehiscence	1.59%
PSI 8 - Postop Hip Fracture	0.05%

1 based on abstract AAMC



### healthcare associated infection .....a global threat!

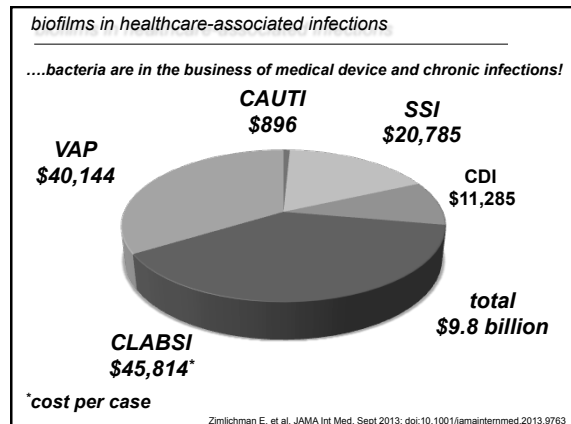
**NATIONAL SUMMARY DATA**

Estimated minimum number of illnesses and deaths caused by antibiotic resistance\*:

At least **2,049,442** illnesses,  
**23,000** deaths

\*bacteria and fungus included in this report

## ANTIBIOTIC RESISTANCE THREATS



**HealthLeaders** Medical **That sparks su**  
LEARN MORE ABOUT CENTRICITY™ 8.02

**Medical Errors Third Leading Cause of Death, Senators Told**  
*Cheryl Clark, for HealthLeaders Media*, July 18, 2014

**At a Senate subcommittee hearing, hospital quality experts urge lawmakers to establish measures to halt preventable medical errors in hospitals, which kill as many as 400,000 people each year.**

**Committee on Health, Education, Labor and Pensions  
Subcommittee on Primary Health and Aging  
United States Senate**

**Hearing on:  
"More Than 1,000 Preventable Deaths a Day  
Is Too Many:  
The Need to Improve Patient Safety."**

Lisa McGiffert, Consumer's Union

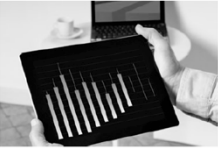
Consumers Union, the policy and advocacy division of Consumer Reports, appreciates the opportunity to speak to the Subcommittee on Primary Health and Aging about an urgent health care crisis – medical errors and health care-acquired infections that kill as many as 440,000 people<sup>1</sup> and harm an estimated 8.5 million<sup>2</sup> every year in this country.

The impact on patients varies – from minor harm that is addressed quickly to permanent disability to years of recovery to death. People who are harmed lose their jobs, their homes, their health insurance. Many go bankrupt trying to pay the medical bills that they would not have had if they had not been harmed by a health care provider. These are the very real consequences of the failure to take action to address the problem of medical errors.

*this is why you are here today!*

News Feature | January 26, 2015

**Hospital Infection Control Still Not Good Enough**  
*By Christine Kern (author: christine-kern)*



(http://vertassets.blob.core.windows.net/image/7458f6374958f635212-4752-4390-b5f622e2279/chart\_data\_analytics\_tablet.jpg)

**A CDC report shows hospitals are falling short on infection prevention goals.**

*this is why I am here today!*

**DISCLOSURES**

**HONORARIA:**

- Agion, Inc.
- Baxter Healthcare Corporation
- Care Fusion
- ICU Medical
- Johnson & Johnson
- Navilyst
- PFM Medical
- Sage Products
- Teleflex, Inc.
- 3M

**CONFIDENTIAL:**

- Bard Medical, Inc.
- Covidien
- Edwards Lifesciences
- Fisher & Paykel
- GE Healthcare
- Medtronic
- Nellcor Puritan Bennett, Inc.
- Novartis
- Pinnacle Medical, Inc.
- Teleflex
- Tyco Healthcare


**RESEARCH GRANTS:**

- HRSA
- Sigma Theta Tau, SF chapter

Marica [redacted] PhD MS RN

Thanks to Jamie Santolucito and Oregon Health Sciences University

*what more can we do?*



**"NEVER, EVER THINK OUTSIDE THE BOX!"**

**CDC** *Device-associated Module*  
**BSI**

**Central line-associated BSI (CLABSI):** A laboratory-confirmed bloodstream infection (LCBI) where central line (CL) or umbilical catheter (UC) was in place for >2 calendar days on the date of event, with day of device placement being Day 1.

**AND**

a CL or UC was in place on the date of event or the day before. If a CL or UC was in place for >2 calendar days and then removed, the date of event of the LCBI must be the day of discontinuation or the next day. If the patient is admitted or transferred into a facility with an implanted central line (port) in place, and that is the patient's only central line, day of first access in an inpatient location is considered Day1. "Access" is defined as line placement, infusion or withdrawal through the line. Such lines continue to be eligible for CLABSI once they are accessed until they are either discontinued or the day after patient discharged (as per the Transfer Rule). Note that the "de-access" of a port does not result in the patient's removal from CLABSI surveillance.

2011 Guidelines for the Prevention of Intravascular Catheter-Related Infections

CRBSI is a clinical definition, used when diagnosing and treating patients, that requires specific laboratory testing that more thoroughly identifies the catheter as the source of the BSI. It is not typically used for surveillance purposes. It is often problematic to precisely establish if a BSI is a CRBSI due to the clinical needs of the patient (the catheter is not always pulled), limited availability of microbiologic methods (many labs do not use quantitative blood cultures or differential time to positivity), and procedural compliance by direct care personnel (labeling must be accurate). Simpler definitions are often used for surveillance purposes. For example, CLABSI is

### Surfaces for colonization on VADs

INTRALUMINAL  
....all catheters

EXTRALUMINAL  
....short term catheters

which source is most important ?

FOCUS ON INFECTION PREVENTION

Central-Line-Associated Bloodstream Infection: Comprehensive, Data-Driven Prevention

Davis J. Pa Patient Saf Advis. Sept 2011;8(3):100-4

**Purpose:**  
to determine whether an institution should focus resources on a specific phase of CVC life to prevent CRBSI (insertion vs maintenance)

**Methods:**  
analysis of the NHSN database for the state of Pennsylvania for the year 2010 to determine the date of infection event from time of insertion

**Sample size:**  
653 events

**Results:**  
653 infections  
468 (71%) occurred after day 5

Figure 1. Time Distribution of CLABSI: Pennsylvania NHSN Facilities 2010

Conclusion: this data implicates maintenance as the phase in which CLABSI most likely is developed

Davis J. Pa Patient Saf Advis. Sept 2011;8(3):100-4

## THE SKIN.....

What is important about the microbiology of the skin?

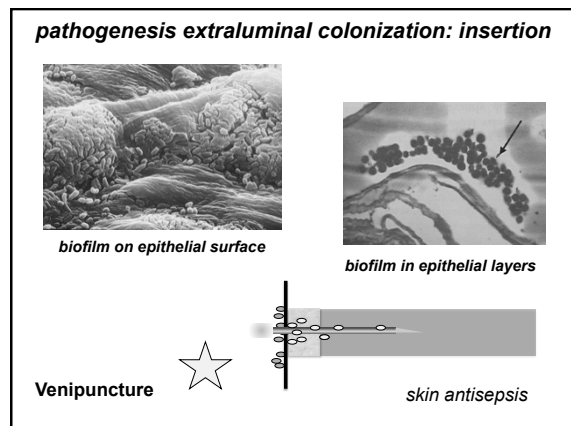
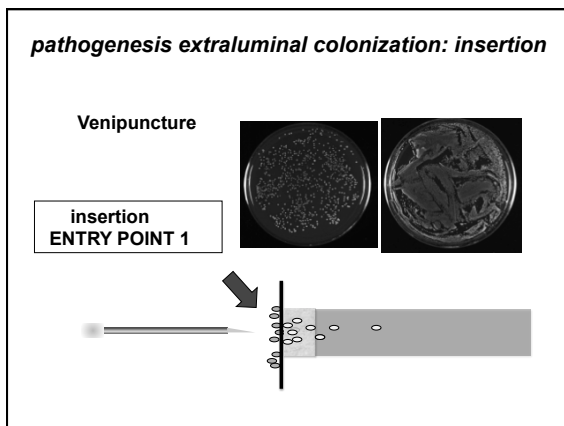
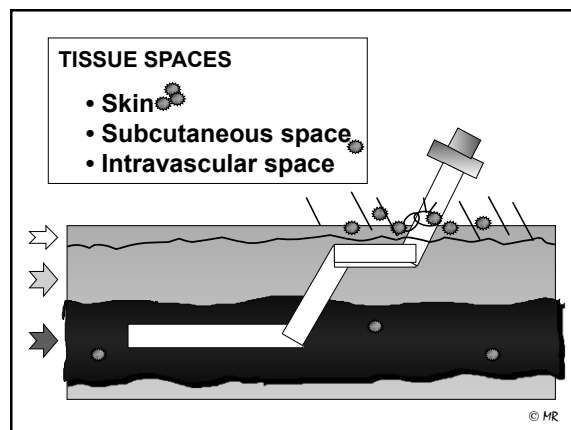
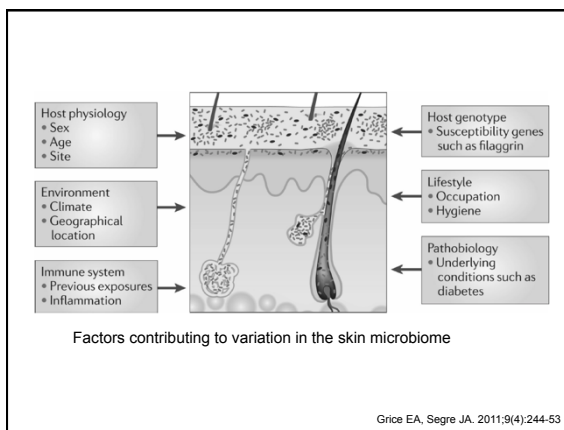
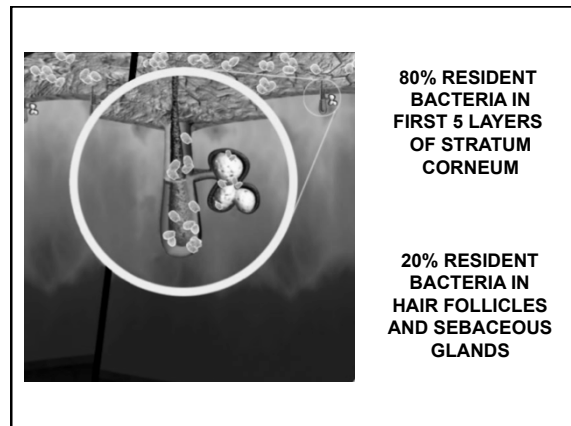
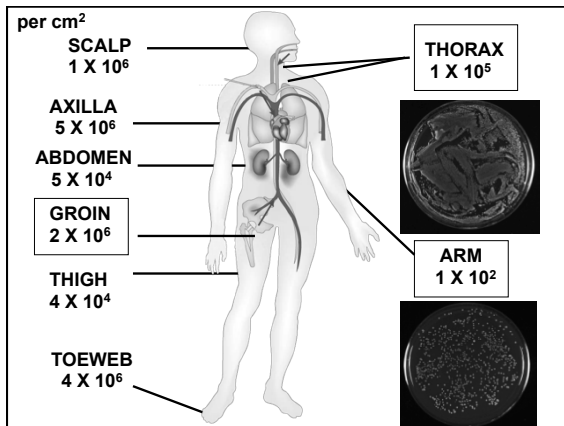
### the skin microbiome

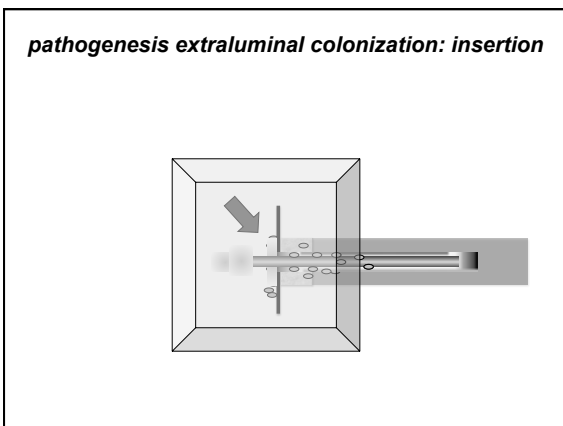
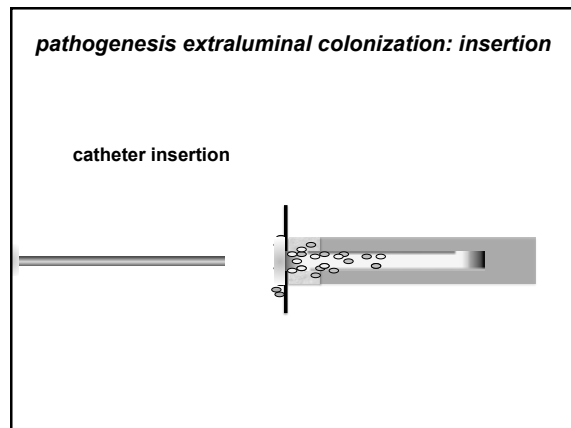
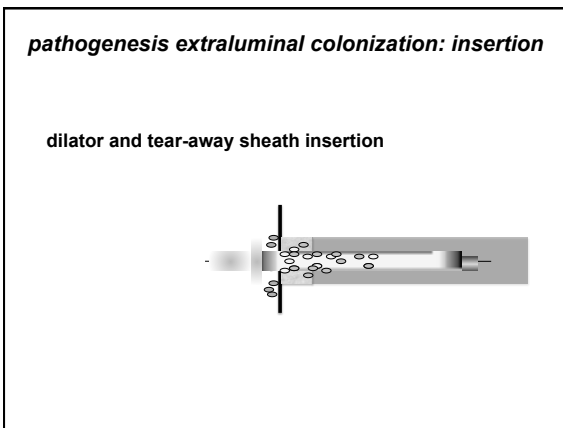
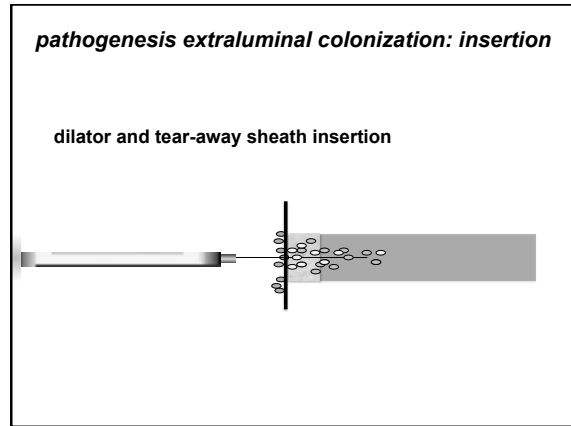
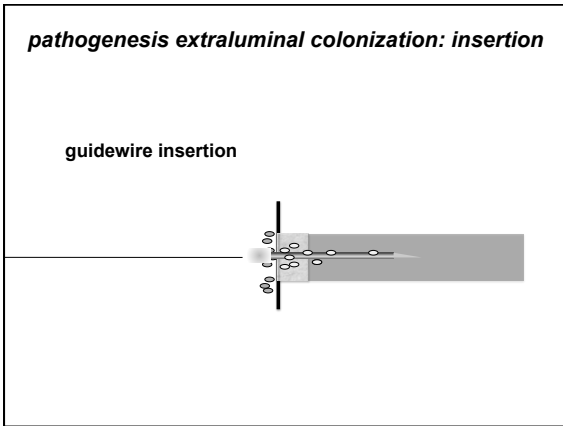
human body  
10<sup>13</sup> cells  
23,000 genes

normal flora  
10<sup>12</sup> microbial cells (1 trillion)  
3.3 million genes

- about 5 lb. in weight
- enough bacteria to fill a half gallon jug
- the size of a large liver
- 1,000 species

Grice EA, Segre JA





**Post-insertion ENTRY POINT 2**

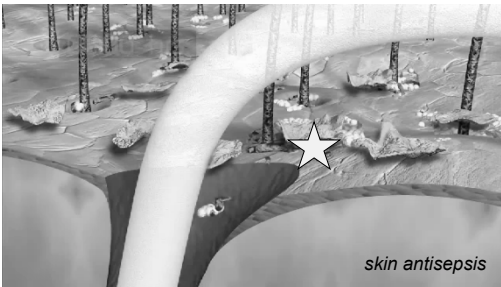
**SUBCUTANEOUS SPACE**

- WITHIN HOURS EDEMA/DRAINAGE OCCUPY THE SKIN TRACT DUE TO “INFLAMMATORY PROCESS”

skin antisepsis

**post-insertion ENTRY POINT 3 SKIN**

- COMPLETE RECOLONIZATION OF SURFACE BACTERIA OCCURS WITHIN 18 HOURS OF ANTISEPTIC APPLICATION




*skin antiseptics*

**post-insertion ENTRY POINT 4**

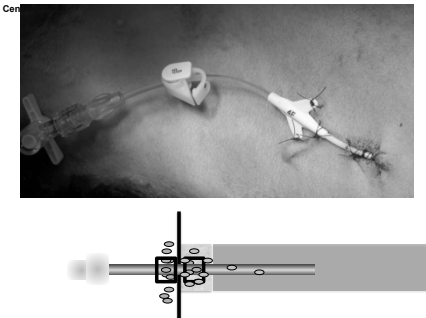
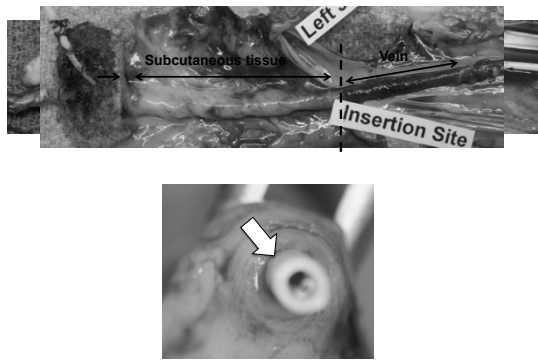
- OPEN WOUND POST INSERTION

47.00 hrs.



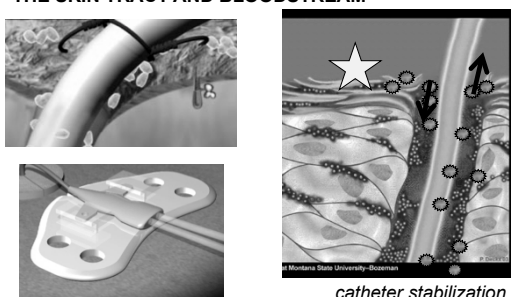
*skin antiseptics*

**migration of cutaneous bacteria to subcutaneous tissue**

**Post-insertion ENTRY POINT 5**

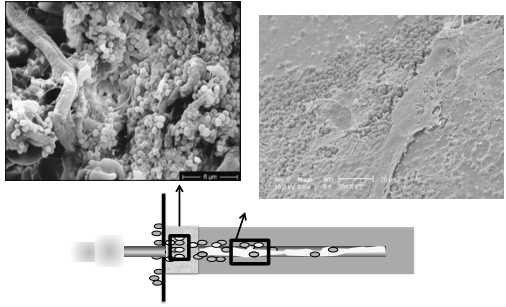
- CATHETER MIGRATION TRANSPORTS BACTERIA INTO THE SKIN TRACT AND BLOODSTREAM



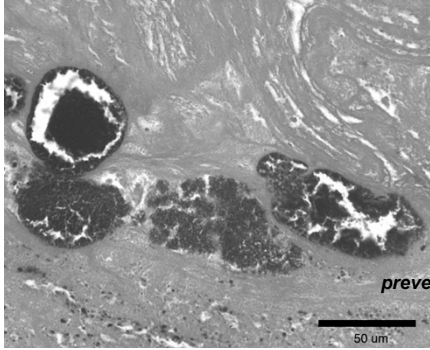
*catheter stabilization*

*what happens to the microorganisms?*

**subcutaneous tissue      intravascular catheter surface**




what happens to the microorganisms?  
subcutaneous tissue



prevention?

50 μm


prevention: what does the evidence tell us?



**The Joint Commission**

Accreditation Program: Hospital  
National Patient Safety Goals

“As of Jan. 1, 2010, the hospital implements policies and practices aimed at reducing the risk of central-line associated bloodstream infections that meet regulatory requirements and are aligned with evidence-based standards (for example, the CDC and/or professional organization guidelines.”



Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011

Naime F, O'Grady NP, Maki DS, et al. (2011) Update on Central Line-Associated Bloodstream Infections in Acute Care Hospitals: 2014 Update. *Journal of Intensive Care Medicine* 29(1): 1-10.


**CDC. MMWR 2002;51(No. RR-10).**

SHEA/IDSA PRACTICE RECOMMENDATION

Strategies to Prevent Central Line–Associated Bloodstream Infections in Acute Care Hospitals: 2014 Update

Jonis Marshall, MD<sup>1,2\*</sup>, Leonard A. Mermel, DO, SGM<sup>3,4</sup>, Mohamed Fakh, MD, MPH<sup>5</sup>, Lynn Hadaway, MBA, RN, BC, CRNI<sup>6</sup>, Alexander Kallan, MD, MPH<sup>7</sup>, Naomi F. O'Grady, MD<sup>8</sup>, Ann Marie Pettit, RN, BSN, CIC<sup>9</sup>, Mark E. Rupp, MD<sup>10</sup>, Thomas Sandora, MD, MPH<sup>11</sup>, Lisa L. Mangot, MD, MPH<sup>12</sup>, Deborah S. Yokoe, MD, MPH<sup>13</sup>

Marshall J, et al. *ICHE*, July 2014;35(7):753-96



Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011


Use hospital-specific or collaborative-based performance improvement initiatives in which multifaceted strategies are "bundled" together to improve compliance with evidence-based recommended practices

.....pathogenesis-based interventions

maximum antisepsis / disinfection

- #1 Daily CHG bathing, select populations
- #2 Pre-op / pre-procedural skin cleansing
- #3 Surgical site disinfection
- #4 Antimicrobial catheter
- #5 Catheter insertion site protection
- #6 Low bacteria transfer rate connector
- #7 Access site / hub disinfection

protecting the gateway to CRBSI !



Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011

### Skin Preparation

- Prepare *clean* skin with a **>0.5% chlorhexidine preparation with alcohol** before central venous catheter and peripheral arterial catheter insertion and **during dressing changes**

SHEA/IDSA PRACTICE RECOMMENDATION

- Before catheter insertion, apply an **alcoholic chlorhexidine solution containing more than >0.5% CHG to the insertion site**

protecting the gateway to CRBSI !




- purpose of insertion site dressing:**
- protect from contamination / infection
  - prevent catheter dislodgement / loss of access



*how do we do that?*

*protecting the gateway to CRBSI!*




Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011

- **Use either sterile gauze, transparent, semipermeable dressing to cover the catheter site**

*prevents exogenous contamination*



*protecting the gateway to CRBSI!*



**Catheter Site Dressing Regimens**

Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011


- **Use a chlorhexidine-impregnated sponge dressing for temporary short-term catheters in patients older than 2 months of age if the CLABSI rate is not decreasing despite adherence to basic prevention measures....**

SHEA/IDSA PRACTICE RECOMMENDATION

- **Use chlorhexidine-containing dressings for CVCs in patients older than 2 months**

*prevents endogenous contamination*

*protecting the gateway to CRBSI!*



**Catheter Site Dressing Regimens**

Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011

- **Replace dressings used on short-term CVC sites at least every 7 days for transparent dressings**
- **Replace dressings used on short-term CVC sites every 2 days for gauze dressings.**
- **Replace catheter site dressing if the dressing becomes damp, loosened, or visibly soiled**


*protecting the gateway to CRBSI!*

SHEA/IDSA PRACTICE RECOMMENDATION

**C. After insertion**

**For non-tunneled CVCs in adults and children, change transparent dressings and perform site care with a chlorhexidine-based antiseptic every 5-7 days or immediately if the dressing is soiled, loose, or damp;**

**Change gauze dressings every 2 days or earlier if the dressing is soiled, loose, or damp.**


 Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011

**peripheral IV dressing change .....what?**

**Replacement of Peripheral and Midline Catheters**


- There is no need to replace peripheral catheters more frequently than every 72-96 hours to reduce risk of infection and phlebitis in adults Category 1B
- No recommendation is made regarding replacement of peripheral catheters in adults only when clinically indicated Unresolved issue
- Replace peripheral catheters in children only when clinically indicated [32, 33]. Category 1B

*protecting the gateway to CRBSI!*

 **Infusion Nursing Standards of Practice**

**Vascular Access Device Removal**

- The nurse should consider replacement of the short peripheral catheter when clinically indicated and when infusion treatment does not include peripheral parenteral nutrition.
- The nurse should not routinely replace short peripheral catheters in children

 FOCUS ON INFECTION PREVENTION

Peripheral Vascular Catheter-Related Infection: Dwelling on Dwell Time

James Davis, MD, MS, CCRN, CIC  
Senior Adjunct Professor, Atrium  
Residence Home Safety Authority

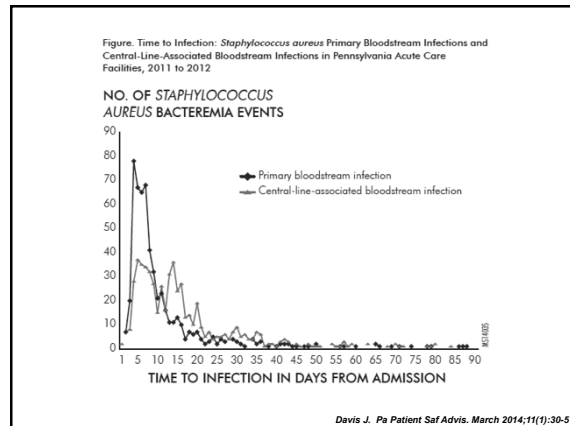
**INTRODUCTION**  
The Centers for Disease Control and Prevention (CDC) guidelines for prevention of peripheral vascular catheter-related infection (PVCRI) were the following?

**Purpose:**  
to determine the primary bloodstream infection rate in the Pennsylvania NHSN database for the years of 2011 and 2012

**Methods:**  
analysis of the PA NHSN database for 2011-2012 to determine the date of primary BSI event from time of admission

**Sample size:**  
1,890 events

Davis J. Pa Patient Saf Advis. March 2014;11(1):30-5



**CENTRAL-LINE-ASSOCIATED BLOODSTREAM INFECTION (CLABSI)**

PATHOGEN	NO. OF INFECTIONS	PERCENTAGE
<i>Staphylococcus aureus</i>	598	19.9
<i>Klebsiella pneumoniae</i>	250	8.3
<i>Enterococcus faecalis</i>	247	8.2
Coagulase-negative staphylococci	197	6.5
<i>Candida albicans</i>	193	6.4
<i>Staphylococcus epidermidis</i>	159	5.3
<i>Enterococcus faecium</i>	152	5.1
<i>Pseudomonas aeruginosa</i>	147	4.9
<i>Escherichia coli</i>	125	4.2
<i>Enterobacter cloacae</i>		

Table. Top 10 Pathogens Causing Primary BSI and CLABSI in Pennsylvania, 2011 to 2012

Note: Data as identified from the Centers for Disease Safety Network.

**PRIMARY BLOODSTREAM INFECTION (BSI)**

PATHOGEN	NO. OF INFECTIONS	PERCENTAGE
<i>Staphylococcus aureus</i>	584	30.9
<i>Escherichia coli</i>	197	10.4
<i>Klebsiella pneumoniae</i>	140	7.4
<i>Enterococcus faecalis</i>	130	6.9
<i>Enterococcus faecium</i>	81	4.3
<i>Pseudomonas aeruginosa</i>	72	3.8
<i>Candida albicans</i>	63	3.3
Coagulase-negative staphylococci	46	2.4
<i>Enterobacter cloacae</i>	45	2.4
<i>Serratia marcescens</i>	43	2.3

Davis J. Pa Patient Saf Advis. March 2014;11(1):30-5

**Results:** herein, when the epidemiologic links of time to infection and the pathogen profile are combined with the definition of primary BSI, and when the sheer prevalence of the PVC is considered, it is likely that the majority of acute care adult primary BSIs in Pennsylvania are due to FVCRI.

**Conclusion:** Events reported by Pennsylvania health-care facilities suggests that facilities may want to conduct focused surveillance for PVCRI in order to consider the practice of re-siting peripheral catheters in adult patients every 72 hours, as opposed to re-siting when clinically indicated. The

Davis J. Pa Patient Saf Advis. March 2014;11(1):30-5

**Arterial Catheters as a Source of Bloodstream Infection: A Systematic Review and Meta-Analysis\***

John C. O'Horo, MD<sup>1</sup>; Dennis G. Maki, MD, MS<sup>2</sup>; Anna E. Krupp, RN<sup>3</sup>; Nasia Safdar, MD, PhD<sup>2,4\*</sup>

**Conclusions:** Arterial catheters are an underrecognized cause of catheter-related bloodstream infection. Pooled incidence when catheters were systematically cultured and correlated to blood culture results indicated a substantial burden of arterial catheter-related bloodstream infection.

In conclusion, arterial catheters are a significant source for CRBSI with infection rates similar to what is seen in short-term CVCs. Consideration should be given to application of novel technologies, such as chlorhexidine-impregnated sponge, especially in the high-risk group of patients with femoral arterial catheters. In patients with cryptogenic BSI, arterial catheters should be examined as a potential source.

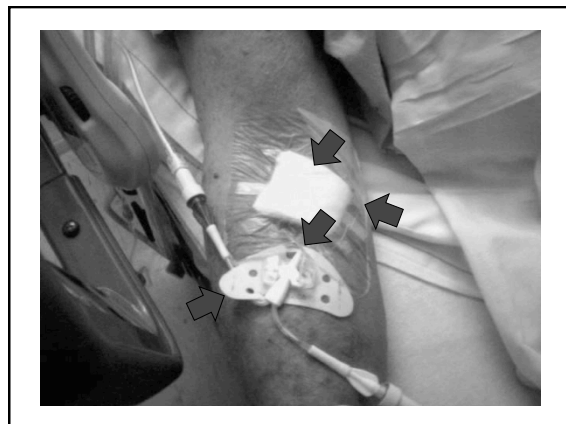
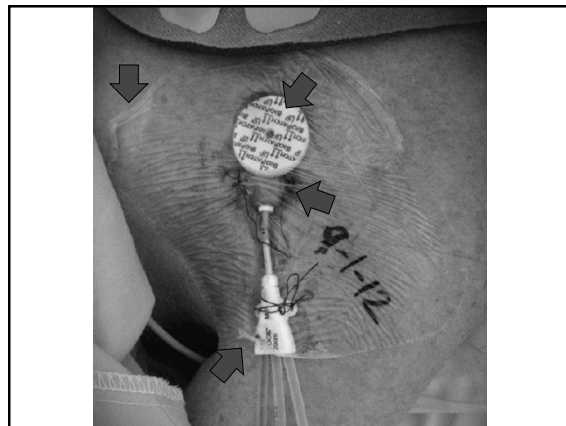
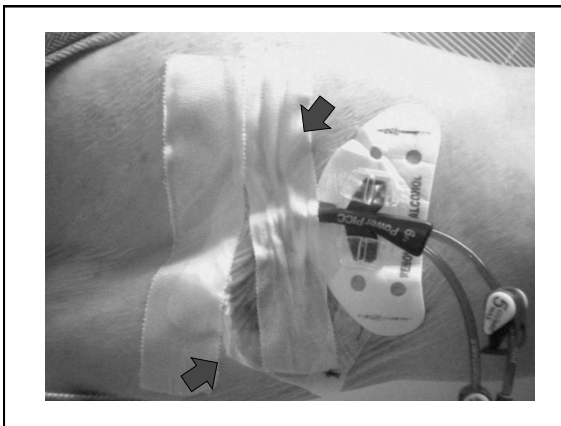
*O'Horo C, et al. Crit Care Med. June 2014;42(6):1334-9*

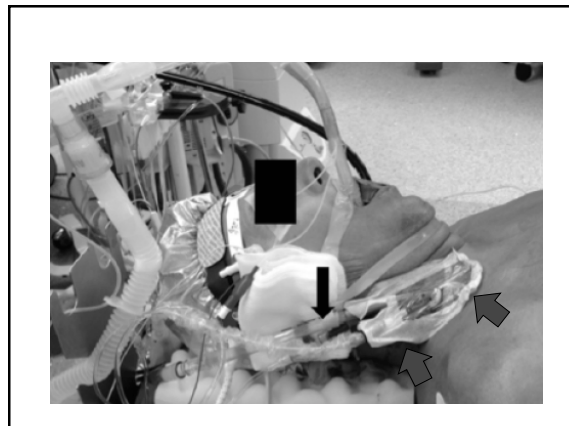
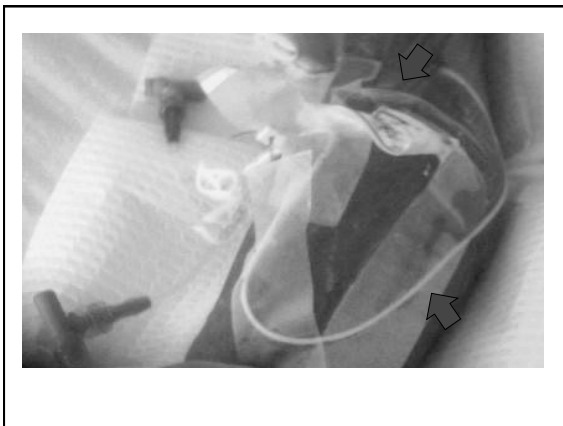
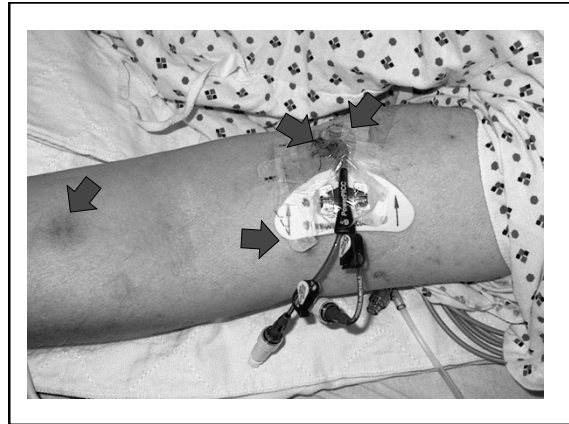
**purpose of insertion site dressing:**


- protect from contamination / infection
- prevent catheter dislodgement / loss of access



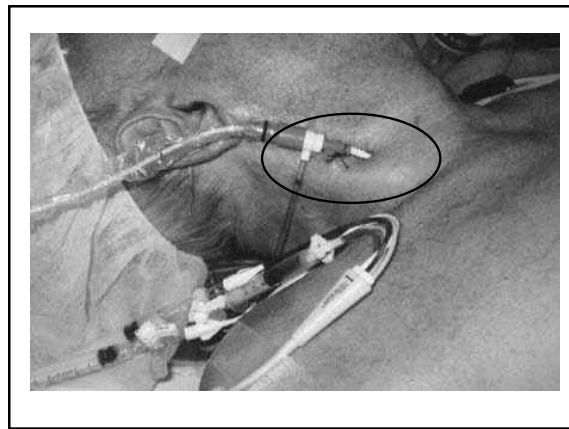
*is there a problem?*





 **Guidelines for the Prevention of Intravascular Catheter-Related Infections, 2011**

- **If the patient is diaphoretic or if the site is bleeding or oozing, use a gauze dressing until this is resolved**

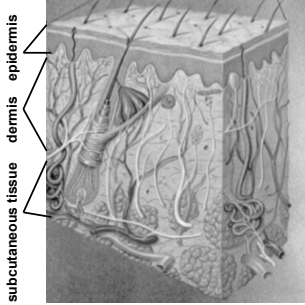


*what about the skin?*



**skin function and structure**


- physical barrier to irritants and pathogens
- fluid / temperature regulation
- immune surveillance



Thayer D. *JIN*. 2012;35(6):390-401.

**dermis**

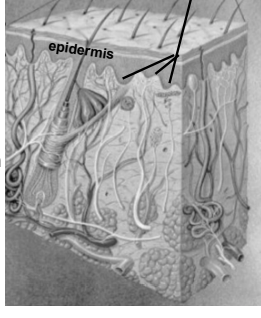
- 2.0 mm thickness
- blood vessels, hair follicles, eccrine glands, sebaceous glands
- fibroblasts: collagen and elastin proteins



Thayer D. *JIN*. 2012;35(6):390-401.

**epidermis**

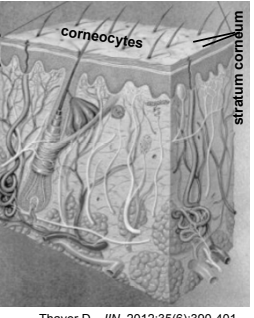
- rete ridge attaches the dermis to the epidermis
- rete pegs project downward and interlock with upward projections of the dermis
- prevents shear forces from separating the two layers
- thinning: age related changes make more vulnerable to skin tears



Thayer D. *JIN*. 2012;35(6):390-401.

**stratum corneum**

- protective matrix  
15 – 20 layers flat, stacked cells, water, intercellular lipids
- alteration of lipids disrupt cell cohesion
- resident and transient microorganisms

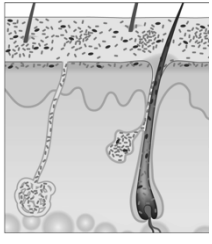


Thayer D. *JIN*. 2012;35(6):390-401.


*biofilms in the human body*

**benefits of the normal flora**

- prevents colonization by pathogens
- antagonize other bacteria
- stimulate the development of certain tissues
- stimulate the production of cross-reactive antibodies
- synthesize and excrete vitamins (B-vitamins, *Lactobacilli* and *Streptococci*)



**.....applying a dressing changes all that!**



**materials used in insertion site**

- antiseptics
- adhesives on dressing
- stabilization devices
- suture material

*The Arts and Science of Infusion Nursing*

Debra Thayer, MS, RN, CWOON

**Skin Damage Associated With Intravenous Therapy**

Common Problems and Strategies for Prevention

**types of skin damage with VAD dressings:**

- contact dermatitis / allergy
- mechanical trauma induced by adhesives
- moisture associated skin damage

Thayer D. *JIN*. 2012;35(6):390-401.

• contact dermatitis



• mechanical trauma



*Note* This photo shows resolution following the elimination of chlorhexidine gluconate and the securement device. Silicone-faced tape is used underneath the securement device to prevent exposure to the securement adhesive and to maintain PICC line stabilization.

Kutzscher L. Clin J Onc Nurs. 2012;16(2):E48-E55  
Photos courtesy of Royal Victoria Regional Health Centre

• skin diseases



*How well are we protecting the gateway to CRBSI?*

**Chlorhexidine-Impregnated Sponges and Less Frequent Dressing Changes for Prevention of Catheter-Related Infections in Critically Ill Adults: A Randomized Controlled Trial**

Jean-François Timit, MD, PhD Contact Use of a chlorhexidine gluconate-impregnated sponge (CHGIS) in intra-

**Purpose:** to assess superiority of CHGIS dressings regarding rate of major CRIs (sepsis, no BSI) and non-inferiority (< 3% increase colonization) of 7-day vs 3-day dressing changes

**Design:** randomized, controlled trial

JAMA, Mar 2009;301(12):1231-41

**results**

**Table 5.** Relationship Between Semiquantitative Skin Culture and Study Groups<sup>a</sup>

Culture	All Catheters (n = 2903)	Dressing		Dressing Change Interval	
		Control (n = 1358)	CHGIS (n = 1545)	3 d (n = 1386)	7 d (n = 1517)
Sterile	1887 (65.0)	786 (57.8)	1101 (71.3)	935 (67.5)	952 (62.7)
1-9 CFUs/plate	326 (11.2)	148 (10.9)	178 (11.5)	68 (12.1)	158 (10.4)
10-99 CFUs/plate	462 (15.9)	261 (19.2)	201 (13)	183 (13.2)	279 (18.4)
≥100 CFUs/plate	228 (7.90)	163 (12)	65 (4.2)	100 (7.2)	128 (8.4)

Abbreviations: CFU, colony-forming unit; CHGIS, chlorhexidine gluconate-impregnated sponge.  
<sup>a</sup>Missing data: all catheters, 875; control dressings, 462; CHGIS dressings, 418; 3-day dressing change interval, 429; 7-day dressing change interval, 448. P < .01 for comparisons between CHGIS and control dressings; † for trends; P < .01 for comparisons between 3-day and 7-day dressing changes († for trends).

Timsit et al. JAMA. 2009;301:1231-1241

**results**

**Table 3. Hazard Ratios in the Intention-To-Treat and Per-Protocol Analyses**

Variable	Dressing				Dressing Change Interval					
	Control Catheter-Days		ITT Analysis		Per-Protocol Analysis*		ITT Analysis		Per-Protocol Analysis*	
	Incidence, No./1000	HR (95% CI)	P Value	HR (95% CI)	P Value	Incidence, No./1000	HR (95% CI)	P Value	HR (95% CI)	P Value
Catheter colonization >10 CFU/plate	15.8 (n = 1825)	6.3 (0.28-0.48)	0.36 <.001	0.35 (0.27-0.45)	<.001	10.4 (n = 1819)	11.0 (0.77-1.28)	0.95	0.90 (0.77-1.28)	.95
Catheter-related bloodstream infection	1.3	0.4 (0.09-0.63)	0.003	0.24 (0.09-0.63)	.004	0.7	0.9 (0.47-3.34)	.85	1.28 (0.48-3.48)	.62
Major catheter-related infection	1.4	0.6 (0.16-0.93)	.03	0.38 (0.16-0.82)	.08	0.9	1.1 (0.59-2.60)	.74	1.19 (0.51-2.73)	.70

Abbreviations: CFU, colony-forming unit; CHGS, chlorhexidine-glucosate-impregnated sponge; CI, confidence interval; HR, hazard ratio; ITT, intention-to-treat.  
\*Analysis adjusted on imbalance parameters (ie, presence of  $\geq 1$  chronic disease for comparison of control and CHGS groups).

Timsit et al. *JAMA*. 2009;301:1231-1241.

2. Is there a difference in catheter colonization when changing dressings every 3 days compared to every 7 days?

**R E S U L T S**

- 45% of dressing changes were performed before the planned date because of soiling or leaking.
- 40% were unplanned in 3-day group
- 50% were unplanned in the 7-day group 10% in place at 7 days
- both CHG foam disc and transparent dressings in each group

Timsit et al. *JAMA*. 2009;301:1231-1241

Dressing disruption is a major risk factor for catheter-related infections\*

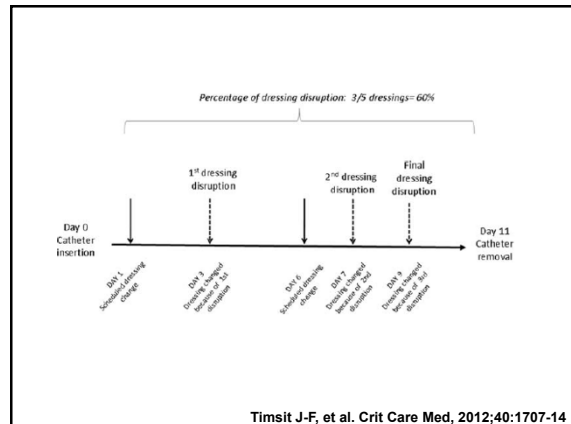
Jean-François Timsit, MD, PhD; Lila Bouadma, MD, PhD; Stéphane Ruckly, MSc; Carole Schwebel, MD, PhD; Maïté Garrouste-Orgeas, MD; Régis Bronchard, MD; Silvia Calvino-Gunther, RN; Kevin Laupland, MD; Christophe Adrie, MD, PhD; Marie Thuong, MD; Marie-Christine Herault, MD; Sebastian Pease, MD; Xavier Arrault, PharmD; Jean-Christophe Lucet, MD, PhD

**Purpose:** to determine the importance of dressing disruption on the risk for development of catheter-related bloodstream infection

**Design:** secondary analysis of a randomized controlled trial

**Measures and Results:** observations on 151 CVCs in 106 patients (total 721 catheter days)

Timsit J-F, et al. *Crit Care Med*, 2012;40:1707-14



**Results:**

- catheter dressing disruption was a common event in ICU patients with central venous and arterial catheters
- more than 2 dressing changes for disruption were associated with higher than 3-fold increase in sepsis and CRBSI
- when final dressing is disrupted, the risk of catheter colonization or infection is increased by more than 12-fold

Timsit J-F, et al. *Crit Care Med*, 2012;40:1707-14

This study adds major arguments to include dressing integrity in catheter bundles. Further investigation is warranted in order to better understand the particularities of different types of dressings and to optimize their uses to improve adhesiveness (34). A new area/field in catheter-related infection prevention should also be opened for the development, validation, and use of more adherent dressings.

Timsit J-F, et al. *Crit Care Med*, 2012;40:1707-14



**Randomized Controlled Trial of Chlorhexidine Dressing and Highly Adhesive Dressing for Preventing Catheter-related Infections in Critically Ill Adults**

Jean-François Timit<sup>1,2</sup>, Olivier Mimoz<sup>3</sup>, Bruno Mourvillier<sup>4</sup>, Bertrand Souweine<sup>5</sup>, Mathé Garouste-Orgeas<sup>6</sup>, Serge Alfarand<sup>7</sup>, Gaëtan Plantevele<sup>8</sup>, Régis Bronchard<sup>9</sup>, Gilles Troche<sup>10</sup>, Remy Gauzit<sup>11</sup>, Marion Antona<sup>12</sup>, Emmanuel Canet<sup>13</sup>, Julien Bohe<sup>14</sup>, Alain Lepape<sup>15</sup>, Aurélien Vesin<sup>1</sup>, Xavier Arrault<sup>13</sup>, Carole Schwebel<sup>1</sup>, Christophe Adrie<sup>16</sup>, Jean-Ralph Zahar<sup>17</sup>, Stéphane Ruckly<sup>1</sup>, Caroline Toumeiros<sup>1</sup>, and Jean-Christophe Lucet<sup>18</sup>

**Purpose:** to determine if chlorhexidine-impregnated and strongly adherent dressings decrease catheter colonization and CRI rates

**Design:** 2:1:1 blinded randomized trial

**Measures:** comparison  
CHG dressing Highly adhesive Standard dressing

**Subjects:** patients with CVCs in 12 ICUs

Timsit J-F, et al. Am J Respir Crit Care Med. 2012;186:1272-78

**Results**

ITT population 1879 patients 4163 catheters

Chlorhexidine-gel impregnated dressings	Highly adhesive non-chlorhexidine dressings	Standard dressings
2108 catheters Catheters without culture: 198 (9.4%) Catheter without culture and without blood culture from the catheter hub: 141 (6.7%)	988 catheters Catheters without culture: 56 (5.7%) Catheter without culture and without blood culture from the catheter hub: 48 (4.9%)	1067 catheters Catheters without culture: 114 (10.7%) Catheter without culture and without blood culture from the catheter hub: 79 (7.4%)
75 Colonizations (4.3/1000 days) 12 Major-CRIs (0.7/1000 days) 9 CR-BSIs (0.5/1000 days)	97 Colonizations (12.5/1000 days) 15 Major-CRIs (1.9/1000 days) 18 CR-BSIs (1.3/1000 days)	89 Colonizations (9.6/1000 days) 21 Major-CRIs (2.3/1000 days) 13 CR-BSIs (1.3/1000 days)

**Detachment: 14,019 dressing changes**

- 30.7% intact
- 29.9% detached
- 27% soiled
- 12.5% detached and soiled

Timsit J-F, et al. Am J Respir Crit Care Med, 2012;186(12):1272-78

Central venous catheter-related bloodstream infections: improving post-insertion catheter care.

Shapey IM, Foster MA, Whitehouse T, Jumaa P, Bion JF.

**Purpose:** to assess practice and staff knowledge of CVC post-insertion care and identify aspects of CVC care with potential for improvement

**Design:** observational

**Methods:** observations on 151 CVCs in 106 pts.

**Results:**

- significant differences between ICUs and non-ICU wards
- dressings (non-intact): 22% failure rate

J Hosp Infect. 2009;71(2):117-22.

Contents lists available at ScienceDirect  
American Journal of Infection Control  
Journal homepage: www.elsevier.com/locate/ajic

**Brief report**  
Hospital-wide assessment of compliance with central venous catheter dressing recommendations

Mark E. Rupp MD<sup>a,b,\*</sup>, Kyle Cassling BA<sup>a</sup>, Hayley Faber BS<sup>a</sup>, Elizabeth Lyden MS<sup>a</sup>, Kate Tyrner RN<sup>b</sup>, Nedra Marion RN<sup>b</sup>, Trevor Van Schooneveld MD<sup>a,b</sup>

**Purpose:** to assess hospital-wide compliance with CVC site care recommendations and to correlate compliance with unit specific CLABSI rates

**Design:** observational

**Sample:** 420 CVC sites

Rupp ME, et al. AJIC, 2012;186(12):1-3

**Results:**

- suboptimal: 31%  
jugular more likely p = .001
- blood under dressing 69%
- edge lift or exposed site 25%
- moisture 5%

Rupp ME, et al. AJIC, 2012;186(12):1-3

**Conclusion**


In conclusion, we have found substantial room for improvement in CVC site maintenance procedures....

Technological improvements in catheter and dressing design should be pursued to enable easier and more effective CVC securement and insertion site protection.

*is there a solution?*

Rupp ME, et al. AJIC, 2012;186(12):1-3

*protecting the gateway to CRBSI!*



use of a

- gum mastic liquid adhesive
- liquid adhesive remover

*what about compatibility with chlorhexidine skin prep?*

**EVALUATION OF THE COMPATIBILITY OF A LIQUID ADHESIVE AND LIQUID ADHESIVE REMOVER WITH A CHLORHEXIDINE GLUCONATE SKIN PREPARATION OVER A 7-DAY PERIOD ON HEALTHY VOLUNTEERS**

Ryder M, Duley C, Paulson DS

Purpose: to evaluate the compatibility of a gum mastic liquid adhesive (GMLA) and liquid adhesive remover (LAR) with a chlorhexidine gluconate/alcohol skin preparation.

Study design: randomized control trial

Setting: BioScience, Inc., Bozeman, MT

IRB approval: study protocol was approved by the Gallatin Institutional Review Board.

June 26 – July 31, 2014

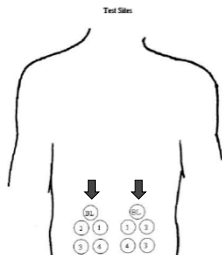
methods

Subjects: 20 adult volunteer subjects  
10 females / 10 males

Sampling:

- Five test sites were marked on the skin on each side of the umbilicus on the abdomen.
- A baseline microbial sample was collected on one site from the skin on each side of the abdomen.

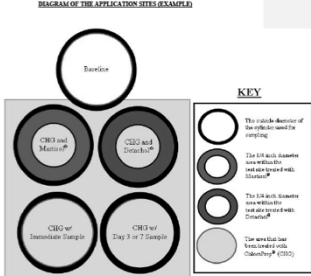
**ANATOMICAL DIAGRAM OF THE SAMPLING SITES**




**Sample Site Legend:**  
 HC = Baseline Sample Site  
 1 = Sample Site 1  
 2 = Sample Site 2  
 3 = Sample Site 3  
 4 = Sample Site 4

- On each side, GMLA was applied around the perimeter of one site and a LAR applied around the perimeter of another site and allowed to dry.
- The remaining four sites on each side were prepped with CHG/IPA antiseptic and cultured

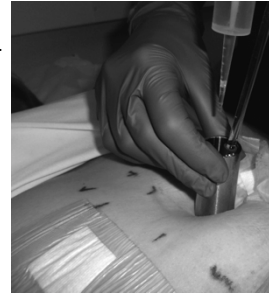
**DIAGRAM OF THE APPLICATION SITES (EXAMPLE)**

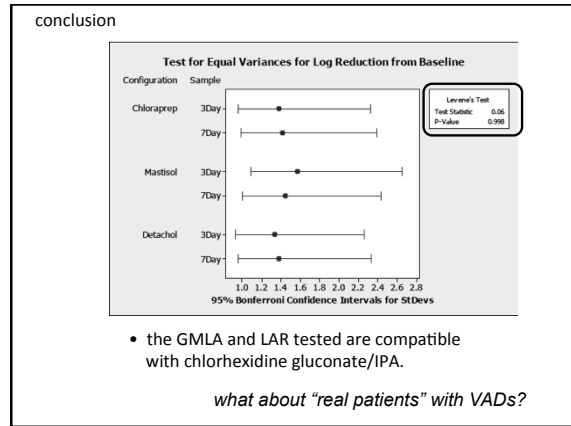
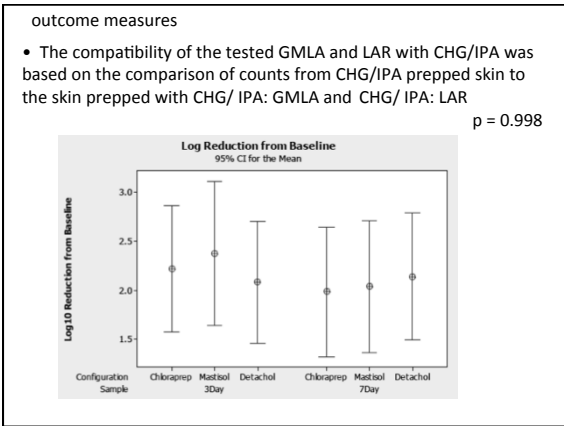


- the treated test sites and prepped-only control sites were covered with sterile polyester-blend gauze sponges covered by semi-occlusive catheter dressings for three or seven days.



- subjects returned to the study facility on day 3 and 7
- bacterial samples were taken from one GMLA- treated site, one LAR - treated site, one prepped-only control site.





**....."VAD data from the bedside"!**

**Quality improvement pilot project:  
the use of a liquid adhesive and liquid adhesive remover for the reduction of non-adherent PICC dressings**

---

Lee Medical, Inc.: Vascular Access Service Organization combined

- evidence based service model
- innovative mobile iOS electronic medical record and data acquisition system (VAST™ Vascular Access Surveillance and Tracking)
- Vascular Access Specialty team

- Study question:** will the use of a gum mastic liquid adhesive (GMLA) and a liquid adhesive remover (LAR) reduce the incidence of dressing detachment?
- Study design:** Observational Pre / post intervention
- Subjects:** 25 facilities Tennessee
  - Acute Care Hospitals
  - Long Term Acute Care Hospitals
  - Rehabilitation Hospital
  - Skilled Nursing Facility
  - Correctional Facility

**methods**

- Catheters:** PICC IJ, EJ
- Dressing change frequency:** weekly
- Project duration:** Jan – April, 2013
  - Pre-intervention period 45 days
  - Post-intervention period 45 days

**results**


	Dressings	Catheters	Patients
Pre	592	301	276
Post	564	289	271
Total	1156	561	499
% reduction	69%	74%	75%

**Overall: 90% reduction in incidence of non-adherent PICC dressings**

**conclusion**

- the GMLA and LAR tested was highly effective in reducing the incidence of non-adherent PICC dressings and the improvement of quality care

*what is the incidence of non-adherent dressings in your unit / facility?*



**QUALITY IMPROVEMENT INITIATIVE: VAD DRESSING ADHERENCE**

The purpose of this assessment is to determine if there is a statistically significant difference in the number of non-adherent dressings observed in the unit before and after the implementation of the quality improvement project. The assessment will be conducted over a 12-month period. The assessment will be conducted in a unit that has a high number of non-adherent dressings. The assessment will be conducted in a unit that has a high number of non-adherent dressings. The assessment will be conducted in a unit that has a high number of non-adherent dressings.

**Instructions:**

1. Review the VAD type and skin condition.
2. Review the dressing adherence.
3. Review the dressing adherence.
4. Review the dressing adherence.
5. Review the dressing adherence.
6. Review the dressing adherence.
7. Review the dressing adherence.
8. Review the dressing adherence.
9. Review the dressing adherence.
10. Review the dressing adherence.
11. Review the dressing adherence.
12. Review the dressing adherence.

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**Vascular Access Dressing Adherence Point Prevalence Assessment**

Date: \_\_\_\_\_ Unit: \_\_\_\_\_

No.	VAD Type	Insertion Site	# Examined	Dressing Assessment				Skin Condition										
				Adherent (Date site last exposed)	Non-adherent (Date site exposed)	Compromised	Check All That Apply	Dry/Intact	Non-adherent (Date of last exam)	Blister	1	2	3a	3b	4	5		
1				Check Only One	Check Only One	Check All That Apply												
2				Check Only One	Check Only One	Check All That Apply												
3				Check Only One	Check Only One	Check All That Apply												
4				Check Only One	Check Only One	Check All That Apply												
5				Check Only One	Check Only One	Check All That Apply												
6				Check Only One	Check Only One	Check All That Apply												
7				Check Only One	Check Only One	Check All That Apply												
8				Check Only One	Check Only One	Check All That Apply												
9				Check Only One	Check Only One	Check All That Apply												
10				Check Only One	Check Only One	Check All That Apply												
11				Check Only One	Check Only One	Check All That Apply												
12				Check Only One	Check Only One	Check All That Apply												
13				Check Only One	Check Only One	Check All That Apply												
14				Check Only One	Check Only One	Check All That Apply												
15				Check Only One	Check Only One	Check All That Apply												
16				Check Only One	Check Only One	Check All That Apply												
17				Check Only One	Check Only One	Check All That Apply												
18				Check Only One	Check Only One	Check All That Apply												
Subtotal:																		
Total:																		

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**Vascular Access Dressing Adherence Point Prevalence Assessment**

VAD Type Abbreviation Table		Insertion Site Abbreviation Table	
VAD Type	Abbreviation	Insertion Site	Abbreviation
Non-tunneled CVC	CVC	Subclavian Vein	SCV
Tunneled CVC	CVC-Tun	Jugular Vein	LVJ
Subcutaneous Implanted Port	PORT	Femoral	FEM
Peripherally Inserted Central Catheter	PICC	Upper Extremity	UE
Midline	MD	Radial/Ulnar	RA/UA
Hemodialysis	HD	Hand	H
Peripherally Arterial Catheter	PAC	Wrist	W
Peripherally Arterial Catheter	PAC	Forearm	F
Peripherally IV Catheter	PICV		

Skin Condition Numeric Key		Key Code	
Skin Condition	Key Code	Skin Condition	Key Code
Dry/Intact	1	Blister	3b
Mollet	2	Skin Tear	3c
Skin Abrasion	3a	Infection (redness, swelling, purulence, vesicles)	4
Blister	3b	Skin Irritation	5
Skin Tear	3c		

Use this formula to calculate your unit's percentage of non-adherent dressings:  $\frac{\text{Number of Non-adherent Dressings}}{\text{Total Dressings Observed}} \times 100$

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**VASCULAR ACCESS DRESSING ADHERENCE POINT PREVALANCE ASSESSMENT**

Institution: \_\_\_\_\_ Date: Oct 6, 2014

Unit(s) Studied: \_\_\_\_\_

Examiners: \_\_\_\_\_

Total Patients: \_\_\_\_\_

Patients with VAD: \_\_\_\_\_

VAD	VAD TYPE					SUBTOTAL	%	%
	subclavian	jugular	femoral	hand/wrist	forearm			
CVC	2	11				13	8.6%	9.2%
CVC-TUN								
PORT	8					8	5.2%	5.7%
HD	2					2	1.3%	1.4%
PA								
PICC			11	22	44	77	7.8%	8.3%
PICV								
PAC								
Arterial	12	11	11	22	44	39	3.1%	3.3%
Pericatheter	52%	48%	10%	10%	30%	31%	3%	3%
Central: 35 (28% peripheral: 117 (74%)) arterial: 2 (1%)								

DRESSING CONDITION: ADHERENT												
VAD	subclavian	jugular	femoral	hand/wrist	forearm	antecubital	upper arm	right	left	SUBTOTAL	% Adherent	% Non-Adherent
CVC		4						3	1	4	3%	3%
CVC-TUN												
PORT												
HD												
PA												
PICC												
PICV												
PAC												
Arterial												
Pericatheter												
Per catheter												

**DRESSING CONDITION: NON-ADHERENT**

VAD	subclavian	jugular	femoral	hand/wrist	forearm	antecubital	upper arm	right	left	SUBTOTAL	% Non-Adherent	% Adherent
CVC												
CVC-TUN												
PORT												
HD												
PA												
PICC												
PICV												
PAC												
Arterial												
Pericatheter												
Per catheter												

DRESSING CONDITION: PARTIALLY DETACHED												
VAD	subclavian	jugular	femoral	hand/wrist	forearm	antecubital	upper arm	right	left	SUBTOTAL	% Partially Detached	% Adherent
CVC												
CVC-TUN												
PORT												
HD												
PA												
PICC												
PICV												
PAC												
Arterial												
Pericatheter												
Per catheter												

Total dressings partially detached: \_\_\_\_\_

Total dressings detached: \_\_\_\_\_

TOTAL NON-ADHERENT: \_\_\_\_\_

PATIENT NON-ADHERENT: \_\_\_\_\_

**DRESSING CONDITION: COMPROMISED**

VAD	INTACT	WET	DIAPHORETIC	LEAKING AT SITE	BLEEDING				SUBTOTAL	% of total	% of patients
CVC											
CVC-TUN											
PORT											
HD											
PA											
PICC											
PVC											
PAC											
Other											
Piv (not/like)											
TOTAL											
TOTAL COMPROMISED											
PER CENT COMPROMISED											

**SKIN CONDITION**

VAD TYPE	DRY/INTACT	MOST	SKIN STRIPPING	BLESTER	SKIN TEAR	IRRITATION	MACERATION	SUBTOTAL	% of total	% of patients
CVC										
CVC-TUN										
PORT										
HD										
PA										
PICC										
PVC										
PAC										
Other										
Piv (not/like)										
TOTAL										
TOTAL COMPROMISED										
PER CENT COMPROMISED										

**SUMMARY**

VAD TYPE	Number of VAD (N)	EDGES LIFTING (N)	NON-ADHERENT (N)	COMPROMISED (N)	SKIN CONDITION (N)		SUBTOTAL	% of total	% of patients
CVC									
CVC-TUN									
PORT									
HD									
PA									
PICC									
PVC									
PAC									
Subtotal									
% dressing									
% patients with a VAD									

VAD type	% VAD	% patients	% VAD ICU	% central VAD ICU	% PIV ICU	other	other
CVC							
PVC							
ART							

**SUMMARY**

VAD TYPE	Number of VAD Type (N)	EDGES LIFTING (N)	NON-ADHERENT (N)	COMPROMISED (N)	SKIN CONDITION (N)	Pain/ tenderness	SUBTOTAL	% of total	% of patients
CVC	13 (8%)	4 (3%)	2 (1%)	8 (23%)	3 (9%)		17	130%	
CVC-TUN									
PORT	8 (5%)	1 (1%)		3 (9%)			6	75%	
HD	2 (1%)	1 (1%)					1	50%	
PA									
PICC	12 (8%)	24 (16%)	3 (1%)	5 (4%)			5	42%	
PVC	117 (76%)			21 (18%)	8 (1%)	12 (10%)	66	56%	
PAC	2 (1%)								
Subtotal	154	30	5	30	11	10	95		
% dressing		20%	3%	25%	7%		62%		
% patients with a VAD	83%	21%	4%	28%	8%		67%		

VAD type	% VAD	% patients	% VAD ICU	% central VAD ICU	% PIV ICU	other	other
CVC	23%	25%	30%	29%	28%		
PVC	76%	83%					
ART	1%	2%					

Hospital	CVC		VAD PIV	PICC	PVC	PAC	VAD ICU	Edges lifting / reinforced dressing (N)			Incidence detached dressing (N)			Comp	Skin code
	Units	VAD						CVC	PICC	PIV	PAC	%	CVC		
1	4	71	45												
2	14	14		1	13									29	10 (8%)
3	18		53	6	7	5								0	1 (5%)
4	28			6	22									0	0 (0%)
5	154	141	169	23	12	117	2	42 (30%)	0	24	20%	2	3	3	38 (21 (11%))
6	130	140	118	1 (0.1%)	1 (0.1%)	9 (0.7%)	3	3 (3%)	1 (1%)	3%	0	2	1	1	9 (9 (7%))
7	43	43	49	5 (11%)	1 (2.3%)	2 (4.7%)	1 (2.3%)	1 (2.3%)	1 (2.3%)	1 (2.3%)	1 (2.3%)	2	1	1	9 (9 (21%))
8	74	87	83	4 (5%)	1 (1.3%)	3 (4%)	3	4 (4%)	14	28%	0	4	14	31	4 (5 (7%))
9	93	88	91	7 (7.5%)	7 (7.5%)	88									4 (5 (5%))

*.....pathogenesis-based interventions*

*maximum antiseptics / disinfection*

- #1 Daily CHG bathing, select populations
- #2 Pre-op / pre-procedural skin cleansing
- #3 Surgical site disinfection
- #4 Antimicrobial catheter
- #5 Catheter insertion site protection
- #6 Low bacteria transfer rate connector
- #7 Access site / hub disinfection

*protecting the gateway to CRBSI !*